

# Make the Lake Great 1<sup>ST</sup> Annual 5K

May 26<sup>th</sup> 2018 9:00A.M Community Building

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone #: \_\_\_\_\_

Age as of May 26<sup>th</sup> 2018: \_\_\_\_\_

Sex: M F

Shirt Size: YS YM YL AS AM AL AXL

Make Checks Payable to: SHPOA

\*\$20 pre-registration \$25 day of walk\*

Mail Registration to: SHPOA PO Box 216 Jamestown OH, 45335

\*\*In order to guarantee T-Shirt from needs returned by May 12<sup>th</sup>\*\*

## RELEASE OF LIABILITY

I know that running/walking in a road race is a potentially hazardous activity. I represent that I am medically able and properly trained to participate in this event. I assume all risks associated with this event, including but not limited to, heat exhaustion, falls, contact with other participants, effects of weather, dangerous traffic conditions, etc, all such risks being known and recognized by me. I hereby agree, for myself and my heirs, assigns, personal representative, executors and administrators, to waive, release, and forever discharge SHPOA and its respective directors, officers and employees, volunteer, any and all sponsors, suppliers and any other personnel assisting or connected with this event, any rights, claims, or demands therefore which I may have or which I may hereafter accrue to me arising out of injury to my person or property incurred in connection with participation in the Make the Lake Great 5K walk at Shawnee Lake on May 26<sup>th</sup> 2018.

Signature: \_\_\_\_\_

Parents Signature (if under 18): \_\_\_\_\_